



Middlewich Primary School
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Middlewich
Cheshire

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Headteacher Mrs. G Reynolds



Friday 8th March 2024

Dear Parents/Carers,

We would like to highlight the importance of ensuring that your child is fully prepared for their weekly PE lessons. Please refer to the table below for your child's PE days.

Year Group	PE Days
EYFS	Monday and Friday
Year 1	Monday and Friday
Year 2	Thursday and Friday
Year 3	Wednesday and Friday
Year 4	Monday and Thursday
Year 5	Monday and Wednesday
Year 6	Tuesday and Thursday

PE forms a crucial part of the school curriculum, fostering enjoyment of exercise and promoting an active and healthy lifestyle among our children. On your child's designated PE day, please ensure they have their complete kit in school. The required PE kit consists of a red T-shirt; navy blue shorts, leggings or tracksuit bottoms and pumps or trainers. These items are essential to ensure your child's safety during physical activities.

Please be aware that earrings can present safety hazards when worn during PE. Consequently, children wearing stud earrings will be kindly requested to remove them or cover them with a plaster for the duration of the PE lesson. Additionally, longer hair must be securely tied back in order to participate.

In the event that your child forgets their PE kit, we will endeavour to provide spare kits if available. However, if no spare kits are accessible, your child will be engaged in a curriculum-based task in another classroom. Should your child have an injury or a medical condition that prevents their participation in a PE lesson, we kindly ask for a letter addressed to the class teacher.

If you require assistance in purchasing a PE kit, please reach out to the school office. We assure you that any support provided will be handled discreetly and with utmost care.

Thank you for your cooperation and support in ensuring the smooth running of our PE lessons.

Yours sincerely,

Mrs. G. Reynolds
Headteacher