



School Readiness



It is important to consider every child as an individual and the following is offered as a guide to help you should you wish to practise any skills with your child at home before they start school.

Self-Care and Independence

Encourage your child to:

- wash and dry their hands
- use the toilet independently
- put on and fasten their coat
- put on and fasten their shoes
- put on their school uniform
- tidy up their toys

Playing with others

Support your child to:

- take turns when playing simple games and share toys
- join in games initiated by another person

Eating and drinking

Support your child to:

- use a spoon, knife and fork
- open wrappers and peel fruit
- make healthy choices at lunchtime

Speaking and Listening

Encourage your child to:

- listen to stories and rhymes and join in with repeated phrases
- ask and answer simple questions
- ask a grown up when they need help
- consistently respond to their name verbally

Reading and Writing

Support your child to:

- recognise their written name
- hold a pencil to make vertical, horizontal and circular marks
- practice writing their name

Numbers

Support your child to:

- count small groups of objects
- practise counting to 10
- sing number rhymes

Additionally, you may want to look up the route to school and if it's walking distance try it out – point to the school and tell your child they will be going there soon. Look at the school website together and encourage your child to ask questions and talk about what the children are doing.